

“Shine the Light on Sickle Cell Disease”



Individuals living with sickle cell disease are more susceptible to COVID 19. So, please, “mask up” to help protect them.

On June 19th - Join us on Twitter (@SCDAAorg) in support of sickle cell by doing the following:

1

#MaskUp4SickleCell

- Wear a red mask and post your photo on social media on June 19th.
- Ask your friends to create their own post to share, or at least share your post.

[facebook.com/
ShineTheLightOnSickleCell](https://www.facebook.com/ShineTheLightOnSickleCell)

2

Raise awareness by sharing these facts:

- Sickle cell disease affects individuals of all races. It’s a BLOOD disease, not a Black disease.
- It is in your genes. It is NOT contagious.
- Individuals with sickle cell disease are not drug addicts, they need pain relief.
- If both parents have sickle cell trait they can have a child with sickle cell disease.
- GET TESTED to know for sure.

3

#ShineTheLightOnSickleCell

Share your personal experiences with sickle cell disease.

Together we can make a difference breaking the sickle cycle.

<https://www.sicklecelldisease.org/our-stories>